

A composite image featuring a suspension bridge, a city skyline, wind turbines, a ship, and a tractor in a field.

Welcome to the World of Trelleborg

Ergonomisko risinājumu vienkāršība

Trelleborg Wheel Systems Liepaja

Una Kasparaviča,
Personāla vadītāja

Pirms:

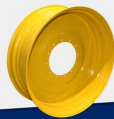
- Monotonas rutīnas kustības
- Strauja griešanās
- Stiepšanās
- Nolieķšanās
- Instrumenti uz zemes:
 - Nekārtība
 - Pakļupšana
 - Bojāti instrumenti



Trelleborg Wheel Systems Liepaja ražotne faktos



Industrija	Metālapstrāde
Platība [m ²]	18,300
Dibināšanas gads	2007
Noslodze	24/5 un 24/7
Personāls [adm/raž]	21 / 151



54"

Ideja

- Novērojumi
- Dati:
 - Patērētais laiks konkrētai operācijai
 - Darbnespējas dēļ sūdzībām par muguras, plecu, plaukstu locītavām
 - Sabojātu instrumentu aprīte
- Operatoru uzklauššana
- Pieredzes iegūšana
- Situācijas novērtējums (MacTool)

Manual Handling Assessment Charts (MAC)

Lifting operations score sheet

Please click on the symbols below to view risk factor details.		
Risk factors	Colour Band 	Numerical Score (for comparison)
Load weight/frequency	B	6
Hand distance from the lower back	B	6
Vertical lift zones	A	1
Torso twisting and sideways bending	A	1
Postural constraints	B	3
Grip on the load	A	1
Floor surface	B	2
Environmental factors	A	1
Other risk factors		
Is a full assessment needed in addition to this assessment? If so, see the online checklists		INSERT TOTAL SCORE FOR LIFTING HERE: 21

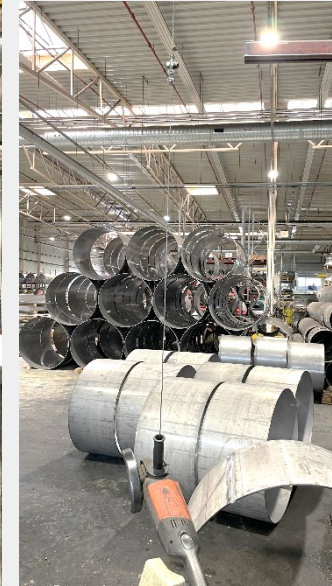
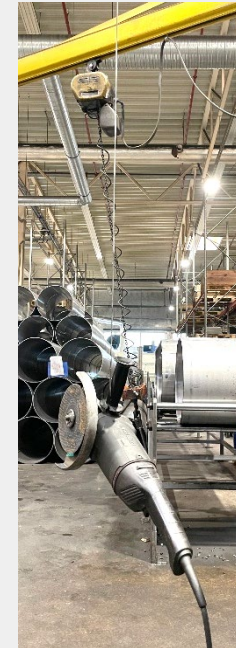
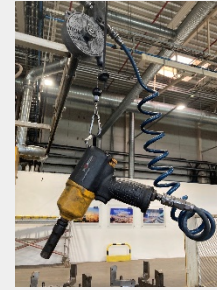
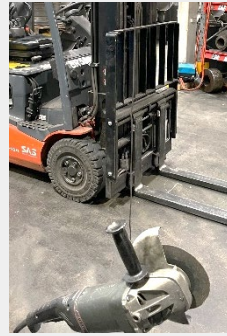
Manual Handling Assessment Charts (MAC)

Carrying operations score sheet

Please click on the symbols below to view risk factor details.		
Risk factors	Colour Band 	Numerical Score (for comparison)
Load weight/frequency	B	6
Hand distance from the lower back	A	3
Asymmetrical torso or load	A	1
Postural constraints	A	1
Grip on the load	A	1
Floor surface	B	2
Carry distance	A	1
Obstacles on route	A	2
Environmental factors	A	1
Other risk factors		
Is a full assessment needed in addition to this assessment? If so, see the online checklists		INSERT TOTAL SCORE FOR CARRYING HERE: 18

leviešana

- 2 veidi: gaisa šļūtene vai trose
- Konsultēšanās par labāko vietu
- Izmaksas (1): 12 - 170 eur
- Mehāniķu iesaiste
- Uzturēšanas plāns:
 - Gaisa šļūtene – tīrīšana / eļļošana ik ceturksni
 - Trose – regulāra apsekošana



Pēc:

- Sakārtota vide
- Mazāk ergonomisku risku
 - noliekšanās
 - stiepšanās
 - plaukstu locītavu traumatisms
 - mazāk spēka
- Mazāk pakļūšanas risku
- Mazāk sabojātu instrumentu

Manual Handling Assessment Charts (MAC)

Lifting operations score sheet

Please click on the ⓘ symbols below to view risk factor details.		Colour Band G A R P	Numerical Score (for comparison)
Risk factors			
ⓘ	Load weight/frequency	G	0
ⓘ	Hand distance from the lower back	G	0
ⓘ	Vertical lift zones	G	0
ⓘ	Torso twisting and sideways bending	G	0
ⓘ	Postural constraints	G	0
ⓘ	Grip on the load	G	0
ⓘ	Floor surface	G	0
ⓘ	Environmental factors	A	1
ⓘ	Other risk factors		
Is a full assessment needed in addition to this assessment? If so, see the online checklists		INSERT TOTAL SCORE FOR LIFTING HERE:	↓ 1



Manual Handling Assessment Charts (MAC)

Carrying operations score sheet

Please click on the ⓘ symbols below to view risk factor details.		Colour Band G A R P	Numerical Score (for comparison)
Risk factors			
ⓘ	Load weight/frequency	G	0
ⓘ	Hand distance from the lower back	G	0
ⓘ	Asymmetrical torso or load	G	0
ⓘ	Postural constraints	G	0
ⓘ	Grip on the load	G	0
ⓘ	Floor surface	G	0
ⓘ	Carry distance	G	0
ⓘ	Obstacles on route	G	0
ⓘ	Environmental factors	A	1
ⓘ	Other risk factors		
Is a full assessment needed in addition to this assessment? If so, see the online checklists		INSERT TOTAL SCORE FOR CARRYING HERE:	↓ 1





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